

- VEGAN MENU -

Please specify vegan when ordering

Breakfast Sandwich – *vegan sausage, mushroom, spinach, tomato* from 2.95

Sandwich - *Roast veg, houmous & spinach*
Vegan sausage & tomato chutney 5.50

Bagels- 5.95
Smashed avocado, red onion & sundried tomato
Roast vegetables, spinach & houmous

Soup of the day, bread roll & DF spread 4.95

Nut roast 3.30

Nut roast combo – *served with a choice of 2 salads* 6.65

- CREPES -

Savoury 7.25

- Vegan breakfast – Vegan sausage tomato, mushroom & spinach
- Houmous, sundried tomato, red onion, black olives
- Roast veg, houmous & spinach

Sweet 3.95

- Orange & sugar
- Maple syrup
- Lemon & sugar
- Peanut butter & dark chocolate

Jacket potatoes: (Choose up to 2 fillings) 5.95
Beans, Houmous, Roast vegetables, Veg chilli, garlic mushroom

Lincolnshire plum bread & dairy free spread 2.20

Vegan Afternoon Tea (serves 1) 8.95
An assortment of delicate sandwiches, falafel bites scones with DF spread & jam & a selection of dainty afternoon cakes served with a pot of Gold Medal tea

Vegan scone, dairy free spread & jam 1.80

Vegan sausage roll 1.65

Vegan cake – *Please check at the till* 2.20

- GLUTEN FREE MENU -

Please specify gluten free when ordering

Breakfast sandwiches: *bacon / egg / mushroom* 2.95

Sandwiches – *see specials board – available on gluten free bread* from 5.50

Soup of the day, gluten free bread & butter 4.95

Frittata (GF) served with 2 salad portions 6.50

- CREPES -

Savoury 7.25

- Ham, mature cheddar & wholegrain mustard mayo
- Smoked salmon, cream cheese & chive
- Houmous, sundried tomato, red onion & black olives
- Cheddar & creamy garlic mushrooms
- Caramelised onion, goats cheese & Candied walnut

Sweet 3.95

- Orange & sugar
- Maple syrup
- Nutella & banana
- Salted caramel, peanut butter & chocolate
- Blueberry & white chocolate

Jacket potato with 1 filling and dressed side salad 5.95

Tuna, veg chilli, cheese, beans, creamy garlic mushrooms

Gluten free scone, butter & jam 2.20

Gluten free cake – *Please check at the till* 2.20